

**West Caldwell-Caldwell Recreation Program**  
**2016-2017 Grades 3/4 Boys Basketball**

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| 1. <u>Thunder</u> – Andrew Newman                    | 5. <u>Knicks</u> – James Callery                                 |
| 2. <u>Sixers</u> – Ken Budris/Sam Arvanites          | 6. <u>Rockets</u> – Todd Szura/Brian Juliano (prac. Time change) |
| 3. <u>Heat</u> – Colin Kudela (practice time change) | 7. <u>Warriors</u> – Chris Kyriacou                              |
| 4. <u>Lakers</u> – Bruce Betros                      | 8. <u>Cavaliers</u> – Bob Mattesky                               |

Supervisor: Coach Joe Hohn

All Saturday Morning Sessions are at Mount Saint Dominic Academy

All Weekday Practices are at Washington School

Practices: Washington School

Saturday Mornings (Games Begin 12/17)

		<u>6:15</u>	<u>7:15</u>			<u>10:00</u>	<u>11:00</u>
Wed	Dec 14	3-4	5-6				
Thu	Dec 15	2-7	1-8	December 10	All teams report at 10-11:30am (PRACTICE)		
Wed	Dec 21	3-4	5-6	<b>December 17</b>	<b>8-2 and 7-3</b>	<b>1-5 and 6-4</b>	<b>(GAME) change</b>
Thu	Dec 22	2-7	1-8	January 7	5-6 and 3-8	4-7 and 2-1	(GAME)
Wed	Jan 4	3-4	5-6	January 14	3-4 and 1-7	8-6 and 2-5	(GAME)
Thu	Jan 5	2-7	1-8	January 21	7-8 and 6-2	4-1 and 5-3	(GAME)
Wed	Jan 11	3-4	5-6	January 28	7-5 and 6-1	2-3 and 8-4	(GAME)
Thu	Jan 12	2-7	1-8	February 4	1-3 and 4-2	5-8 and 6-7	(GAME)
Wed	Jan 18	3-4	5-6	February 11	3-6 and 4-5	2-7 and 8-1	(GAME)
Thu	Jan 19	2-7	1-8				
Wed	Jan 24	3-4	5-6				
Thu	Jan 25	2-7	1-8				
Wed	Feb 1	3-4	5-6				
Thu	Feb 2	2-7	1-8				
Wed	Feb 6	3-4	5-6				
Thu	Feb 9	2-7	1-8				

General Guidelines:

- Priorities of this program are fun and participation. Playing time should be distributed fairly. The coaches are encouraged to play the participants more than the minimum. **All players must sit one quarter start to finish.** Sneakers must to be worn. No jewelry permitted.
- All teams will play 8 games. Play consists of (4) seven minute quarters with a minute between quarters and five minutes at halftime.
- Two time outs per team per half. There is no overtime.
- Defense starts at half court, No pressing or fast breaks are allowed.
- Teams must play man to man defense.
- Foul shots are awarded only in the act of shooting. The line may be adjusted to promote success.

In case of inclement weather visit [www.westcaldwell.com](http://www.westcaldwell.com).