

West Caldwell-Caldwell Recreation Program
2015-2016 Grade 5/6 Boys Basketball
Practice Schedule

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| 1. <u>Spurs</u> – Gene Colacino | 5. <u>Kings</u> – Bruce Scott/William Healey |
| 2. <u>Rockets</u> – Brian Hoarle | 6. <u>Grizzlies</u> – Jeff Golberger/Pannulo |
| 3. <u>Bucks</u> – Kevin Kelly/Shawn Kelly | 7. <u>Pistons</u> – Pete Pirrello |
| 4. <u>Thunder</u> – Darrin Verderame | 8. <u>Bobcats</u> – Kevin McSharry |

Supervisor: Brad Zych

First Practice Saturday December 3 (GCMS)

<u>1:00</u> 1-3	<u>2:00</u> 2-7	<u>3:00</u> 5-8	<u>4:00</u> 4-6
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All of the Following Practices at Essex Valley School

Monday Practices

<u>6:30</u> 7-8	<u>7:30</u> 4-6
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Wednesday Practices

<u>6:30</u> 1-3	<u>7:30</u> 2-5
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General Rules

- Teams will play 8 games and all teams make the playoffs
- Game consists of 4 (8) minute running quarters with a minute between quarters and 5 minutes at halftime. Overtime is 2 minutes. The final minute of quarters 2 and 4 is regulation time. The clock will stop on 2 shot fouls and timeouts. The clock will run on all other violations.
- Each team gets (2), 30 second timeouts per half and one more for overtime. The overtime period is (2) minutes, (1) minute running time and (1) minute regulation.
- All players must play a minimum of one quarter start to finish. All players must sit one quarter start to finish. The coaches are encouraged to play the participants more than the minimum.
- All games and overtimes begin with a jump ball. Alternate possession is used after this.
- Defense must begin at half court. Teams may only press in the final minute of each half.
- All teams must play man to man defense, zones are not permitted.
- On a foul shot, the shooter may go over foul line after release. No jewelry may be worn.
- Once the offense advances the ball past half court, back court can occur.

In Case of Inclement Weather visit www.westcaldwell.com