

WEST CALDWELL-CALDWELL RECREATION
YOUTH CROSS COUNTRY 2020

Cross country running is a sport in which runner's race on open-air courses (parks). This is a distance running sport.

Supervisor: Jennifer Humphrey

Site: Memorial Park (under the lights).

Dates: Tuesdays Sept 15 – 22 - 29 Oct 6 – 13 – 20 - 27
Thursdays Sept 17 - 24 Oct 1 – 8 – 15 – 22 - 29
(Dates are subject to change)

Time: In order to promote safe social distancing practices the children will be split into two sessions:

Children in Grades 4 & 5 - 6:15 PM – 7:00 PM
Children in grades 6, 7 & 8 – 7:15 – 8:00 PM

There will be no meets with other towns this year.
We will have inter squad meets.

